

# EASY TIPS FOR DAILY WEAR CONTACT LENSES

Proper care of your contact lenses is essential! A few simple habits are all it takes to safeguard your eyes — to ensure the quality and comfort of your lenses. Ask your eye care professional for the best lens and eye care regimen for you.

## Wear Daily Disposable Lenses?

If you wear daily disposable lenses like DAILIESTOTALI® and DAILIES® AquaComfort™ Plus contact lenses, no additional lens care\* is necessary. Using clean hands, just put in a new, fresh pair in the morning and simply throw them away at night. There's no need to clean or disinfect your contact lenses.

## Tips for Every Lens Wearer

No matter what type of contact lenses you have, it is a good idea to follow these general tips:

- Before handling, inserting or removing the lens, clean your hands with soap. Dry your hands with a clean lint-free towel.
- Be careful when using cosmetics, lotions, soap, creams or deodorants. They may cause irritation if they come into contact with your eyes.
- When wearing contacts, be careful using aerosol products such as hairspray.
- Always insert your lenses before applying makeup and remove them before taking off your makeup.
- Remove your lenses if they are exposed to an irritant or harmful vapor.
- Always carry a spare pair of lenses with you.
- Always keep a pair of recently prescribed glasses handy for those times when you may be unable to wear lenses.
- Always keep a pair of glasses in your car.
- Always replace lenses on time as directed by your eye care professional.
- Do not use lenses past their use-by date.

\*Lens care applies to both Multi-Purpose Disinfecting Solutions and Peroxide Cleaning & Disinfecting Solutions

